

School Health and Safety Statement Policy for

## **Athea National School**

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## School Safety Statement Policy for Athea National School

### Introduction

The Board of Management brings to the attention of its staff the following arrangements for safeguarding the safety, health and welfare of those employed and working in the Athea National School.

The school safety policy has been reviewed by the Board of Management (2020-2021) in accordance with the *Safety, Health and Welfare at Work Act 2005* and with the *Health and Safety Authority (HSA)- Safety and Health in Education Guidelines* and in light of the COVID-19 pandemic. It is the policy of the Board of Management to ensure, so far as is reasonably practicable, the safety, health and welfare at work of all staff and to protect students, visitors, contractors and other persons at the school from injury and ill health arising from any work activity. It shall be reviewed annually or more frequently if necessary, in the light of experience, changes in legal requirements and operational changes. A safety audit shall be carried out annually by the Board of Management Safety Officers and a report made to staff. All records of accidents and ill-health will be monitored in order to ensure that any safety measures required can be put in place to minimise the recurrence of such accidents and ill-health. The Board recognizes that hazard identification; risk assessment and control measures are legislative requirements, which must be carried out by the employer to ensure the safety, health and welfare of all staff.

The Board of Management of Athea National School, as employer undertakes in so far as is reasonably practical to:

1. Promote standards of safety, health and welfare that comply with the provisions and requirements of the *Safety, Health and Welfare at Work Act 2005* and other relevant legislation, standards and codes of practice;

2. Provide information, training, instruction and supervision where necessary, to enable staff to perform their work safely and effectively;

3. Maintain a constant and continuing interest in safety, health and welfare matters pertinent to the activities of the school;

4. Continually improve the system in place for the management of occupational safety, health and welfare and review it periodically to ensure it remains relevant, appropriate and effective;

5. Consult with staff on matters related to safety, health and welfare at work;

6. Provide the necessary resources to ensure the safety, health and welfare of all those to whom it owes a duty of care, including staff, students, contractors and visitors.

To these ends the Board is committed to ensuring the following;

- The design, provision and maintenance of all places in the school shall be safe and without risk to health.
- There shall be safe access to and from places of work.
- Plant and Machinery may be opened safely in so far as is possible.
- Work systems shall be planned, organised, performed and maintained so as to be safe and without risk to health.
- Staff shall be instructed and supervised in so far as is reasonably possible so as to ensure the health and safety at work of its employees.
- Protective clothing or equivalent shall be provided as is necessary to ensure the safety and health at work of its employees.
- Plans for emergencies shall be complied with and revised as necessary.
- This statement will be continually revised by the Board of Management as necessity arises, and shall be re-examined by the Board on at least an annual basis.
- Employees shall be consulted on matters of health and safety.
- Provisions shall be made for the election by the employees of a safety representative.

### **Relationship to Ethos:**

This policy has been drawn up in consultation with staff, parents' representatives and the Board of Management and with reference to the school's ethos;

'Our aim is to provide a happy, secure friendly learning environment where children, parents, teachers, ancillary staff and Board of Management work in partnership, where each individual is values, encouraged and respected for his / her uniqueness and facilitated to reach his / her full potential in a positive and supportive atmosphere'.

This document sets out the safety policy of the school and specifies the means to achieve that policy. The successful implementation of the policy requires the full support and active cooperation of all staff, students, contractors and visitors to the school. It is important to read the document carefully and understand your own role in the overall arrangements for health and safety in the school. Staff, parents and others are encouraged to put forward suggestions for improvements to the statement. This document should be considered in conjunction with other policies of the Board of Management, including;

- Critical Incident Policy
- Anti bullying policy,
- AUP policy,
- Administration of First Aid /Medicines policy
- Substance abuse policy.
- Dignity at work policy
- Child Protection Policy

### Rationale

The Board of Management recognises and accepts not only its statutory responsibilities but also its obligations as an employer to direct, manage and achieve, in so far as it reasonably possible, the safety, health, and welfare at work of every employee, pupil and visitor alike. The Board of Management believes that each employee accepts his or her legal and moral responsibilities for improving and maintaining safety, health and welfare in the workplace and for behaviour which does not jeopardise the individual's personal safety, health and welfare at work of that of others. The Board of Management of Athea N.S. recognises that its statutory obligations under legislation extends to employees, students, to any person legitimately conducting school business, and to the public.

### **School Profile**

Athea National School is a mixed school catering for pupils between 3 and 13 years of age. It is comprised of six mainstream classrooms and three Special Classes. It operates according to the rules of the Department of Education and Skills under the patronage of the Catholic Bishop of Limerick. A preschool is situated on the premises under Board of Management. At present there are 140 pupils on roll. The primary school staff consists of Principal Mrs. Margaret Watters and 12 teachers, eight specials needs assistants a cleaner and a caretaker. The Preschool consists of four staff. The school was built in 1921. From time to time other adults such as students, parents and coaches may work also work in the school. It is a single-storey school with a single storey extension, constructed in 2008. There is a tarmacadam schoolyard to the front and side of the school and astro-turf to the rear with a tarmacadam basketball court. The school leases the local parish hall for P.E and other activities. The hall is in across the road from the school. There are two wheelchair accessible toilets in the school and the entrance to the school is also wheelchair accessible. The statement applies to the use of the school buildings, schoolyard and parish hall.

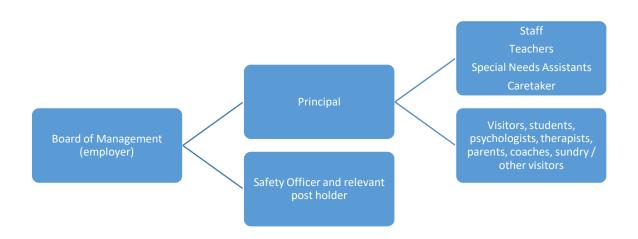
### Resources for Health, Safety and Welfare

The following resources are in place within the school;

- Fire extinguishers break glass units and a fire alarm system is in place in the school and are maintained annually in line with fire safety guidelines.
- A stocked First Aid kit is stored in the hall exiting onto astro-turf and outside A.S.D. 2.
- There is a locked Medicine cabinet in the staffroom for emergency medications needed by some pupils.
- Policies regarding behaviour in the school and the schoolyard, bullying and administrations of medicines are in place in the school.
- New employees are given induction on the health and safety practices in the school.
- A number of staff are trained as occupational first aiders.
- Procedures are in place for the monitoring of visitors /workers to the school.
- Access to the school is carefully monitored and procedures are in place for the safe collection of children.
- The health and safety officer on the Board together with the principal/health and safety representative undertake safety audits and arrange for repairs as necessary.
- Fire drills are carried out regularly and pupils are instructed in the safe evacuation procedures.

#### **Roles and Responsibilities:**

The chart below shows the overall Safety Management structure and indicates the people with responsibilities for safety:



### **Board of Management (Safety officer)**

Overall responsibility for safety and health matters rests with the Board of Management and the Board has nominated one of its members, Mrs. Watters, as Safety Officer. This officer shall monitor safety generally and operation of safety procedures within the school. In addition, the Board will comply with its legal obligations as employer under the 2005 Act and will:

- Ensure that the school has written risk assessments and an up to date safety statement.
- Guide and advise on all health, safety and welfare at work matters.
- Ensure that safety procedures are adequately communicated to staff
- Review the implementation of the safety management system and the safety statement at least annually or when changes that might affect workers' safety, health and welfare occur.
- Set safety, health and welfare objectives.
- Receive regular reports on safety, health and welfare matters.
- Allocate adequate resources to deal with safety, health and welfare issues.
- Appoint competent persons as necessary, to advise and assist the board of management on safety, health and welfare at the school.
- Arrange for the appointment of a Safety Rep within the school.

#### Principal

In consultation with the safety officer (if different), the principal has responsibility for co-ordination of all safety and health matters including;

- Complying with the requirements of the 2005 Act;
- Managing safety, health and welfare in the school on a day-to-day basis
- Communicating regularly with all members of the school community on safety health and welfare matters. Bring any changes to the attention of staff.

- Ensuring all accidents and incidents are investigated and all relevant statutory reports completed
- Coordinating fire drills, training, etc. with the relevant post holder
- Ensuring that fire fighting equipment is tested annually.
- Carrying out safety audits with the safety officer and safety rep.
- Ensuring that all contracts provide a safety plan to the school before commencing work.

### **Relevant Post Holder/Safety Rep**

Mrs. Annemarie Horgan is the named Safety Representative in Athea National School. The responsibilities of the Safety Representative include;

- Organising fire drills on a regular basis and updating evacuation plan as necessary.
- Bringing to the attention of the Safety Officer any items of health and safety that need attention
- Ensuring an adequate supply of first aid kits for use on school trips. This is done in conjunction with the First Aid Officer, Mrs. Donna Nolan.
- As far as reasonably practicable, taking account of any representations made on the subject of safety by the employees.
- Supplying a copy of the Safety Statement, together with additional information or instructions as they become available, to all present and future staff.
- Affording all possible co-operation to inspectors and officials of the relevant bodies concerned with safety and health standards.

### Employees

Employees have a specific responsibility (section 13 of the safety and Welfare at Work Act, 2005) for their own safety and that of any person who may be affected by his/her acts or omissions while at work. All staff are required to;

- to take reasonable care for his/her own safety, health and welfare, and that of any person who may be affected by his/her acts or omissions while at work.
- co-operate with school management in the implementation of the safety statement;
- inform students of the safety procedures associated with individual subjects, rooms, yard, hall or tasks
- ensure that all activities are planned so that they may be carried out safely.
- check classroom/immediate work environment to ensure it is safe and free from fault or defect
- Ensure that all electrical appliances are turned off at the mains before going home.
- Co-operate with the employer and any other person to such extent as will enable the employer or the other person to comply with any of the relevant statutory provisions.
- Use in such a manner as to provide the protection intended, any appliance, protective clothing, convenience equipment or other means or thing provided (whether for own use alone or for shared use) for securing fire safety, health or welfare while at work.
- Report without delay, any health and safety issues or concerns to the school Health and Safety representative or Health and Safety officer on the Board of Management. Work according to the premise of; **Spot it, Sort it, Can't Sort it, Report it.**
- Never intentionally or recklessly interfere with or misuse any appliance, protective clothing, convenience, equipment or other means or thing provided in pursuance of any of the relevant statutory provisions or otherwise, for securing the safety, health or welfare of persons arising out of work activities..
- Attend such training as may be required by the Board of Management.

• Inform the principal if he/she is suffering from a health condition that adds to his/her own risk or that of others in the workplace.

### Other school users

Other school users such as students, parents, volunteers, visiting speakers, sales people and all other visitors must comply with school regulations and instructions relating to safety, health and welfare.

### Large scale works contractors

Contractors must comply with statutory obligations as designated under the Safety, Health and Welfare at Work Act 2005, the Safety, Health and Welfare at Work (General Application) Regulations 2007 and any other relevant legislation such as the Safety, Health and Welfare at Work (Construction) Regulations 2006.

- The Board of Management will make available the relevant parts of the safety, health and welfare statement and safety file to any contractors working in the school on behalf of the school.
- The Board of Management will provide to contractors the school regulations and instructions relating to safety, health and welfare.
- Contractors must make available relevant parts of both their safety, health and welfare statement and risk assessments in relation to work being carried out
- Contractors must make available their public liability insurance certificates before commencement of work.
- If the school is sharing a workplace with a contractor it will co-operate and coordinate school activities in order to prevent risks to safety, health and welfare at work.

# Short duration, low risk, single contractor works involving routine maintenance, cleaning, decorating or repair

Where this work involves a single contractor and where there are no particular risks present and task duration will not exceed 30 working days or 500 person days, to comply with safety, health and welfare requirements and to ensure this type of work is carried out safely with minimal disruptions, the following key points should be followed:

- The board of management must ensure that the contractor is competent. This means that the contractor is suitably qualified and experienced and is registered. For instance, an electrician should be registered with the Register of Electrical Contractors of Ireland (RECI) or the Electrical Contractors Safety and Standards Association (ECSSA).
- The contractor and the principal will meet before the project commences to ensure communication links are established before work starts and throughout the contract. The contractor must advise the principal about the likely duration of the work, any possible hazards, and how these will be addressed. The contractor must also provide the principal with a copy of its safety statement including any relevant risk assessments for the project to be undertaken. Likewise the principal will advise the contractor about necessary precautions which need to be considered, particularly if work is being carried out during school time.

### Substantial building works, (e.g. extension to school building):

Where substantial building work lasting more than 30 days or 500 person days is being considered, the Board of Management take on the responsibility of "client". The client (Board of Management) will

- appoint, in writing before design work starts, a Project Supervisor for the Design Process (PSDP) who has adequate training, knowledge, experience and resources;
- appoint, in writing before construction begins, a Project Supervisor for the Construction Stage (PSCS) who has adequate training, knowledge, experience and resources;
- co-operate with the project supervisors and supply any necessary information;
- notify the HSA of the appointment of the PSDP on Approved Form AF1 "Particulars to be notified by the Client to the Health and Safety Authority before the design process begins";
- Retain and make available the safety file for the completed structure. The safety file contains information on the completed structure that will be required for future maintenance or renovation.

Prior to carrying out any construction work the board of Management, as client will familiarise itself with its legal health and safety responsibilities, as detailed in the Safety, Health and Welfare at Work (Construction) Regulations 2006. The Board of management will follow the advice laid down in the technical guidelines published by the Department of Education and Skills (See appendix)

### **Risk Assessment**

The Board of Management is committed to identifying and eliminating any hazards in the school through a risk assessment and annual audit. The Board will make use of advice available from such sources as the Department of Education, relevant national authorities such as the National Authority for Safety Health and Welfare at Work and Dublin Corporation Fire Prevention Section. Where necessary, competent consultants and bodies with special skills and services may be used for training and to augment the internal audits. The Board through its risk assessment will;

- Identify the risks
- Evaluate the risk in proportion to the hazard
- Put in place the appropriate control measure to eliminate or minimise the risk
- Consult with employees

A detailed risk assessment of the various areas within the school is included in the appendices. The board of management may delegate the task of completing the risk assessment to the appropriate person for example the individual teacher of each classroom. There is no need to consider every minor hazard or risk that we accept as part of our lives. A COVID-19 Risk Assessment has been added.

### Fire safety/emergency procedures

A Fire and Emergency Plan has been prepared covering the building. A copy of the plan is attached to this safety statement. The plan sets out the main emergency safety arrangements including: -

- The layout of escape routes for the building
- The location of the assembly points
- The location of the fire fighting equipment
- Special fire safety features of the building
- The routine for the practice of fire drills
- The routine for fire equipment inspections
- In all classrooms and at strategic locations are posted showing the advised evacuation routes.
- An adequate supply of fire extinguishers is provided and correctly sited to meet statutory and insurance requirements. Fire extinguishers are capable of dealing with any type of fire. (See Appendix 1 for the location and inventory of fire extinguishers)
- All fire fighting equipment is inspected each year and is serviced by specialised contractors.

- Instruction is given in the use of Fire Extinguishers for specific materials/sources of fire "Break Glass" units are provided at strategic locations to raise the alarm.
- Fire extinguishers are available in the staff room.
- All fire exits are clearly marked and are visible to visitors.
- Fire drill will be held during each term i.e. at least three times a year. An evacuation procedure has been prepared and is given to each employee. Employees are reminded to familiarise themselves with the procedures so that a fast and effective evacuation of the premises can be completed in the event of an emergency. This has been updated in line with our COVID-19 Policy.
- All electrical equipment to be unplugged or turned off outside hours of the approved use of the school. Teachers are responsible for their own classrooms.
- Assembly areas are designated outside the buildings
- In the event of evacuation, each teacher will account for the pupils/personnel at the assembly area
- Smoking anywhere in the school building or school grounds is prohibited.

### First Aid

Separate School Accident / Injury / First Aid (2020) and Administration of Medications Policy (2020) are in place in the school (see attached). Six of the teaching staff have been trained as occupational first aiders. Those who attended the most recent training (27<sup>th</sup> August 2020 & 17<sup>th</sup> October 2020) were Alice Walsh (Preschool), Donna Nolan (ASD 2), Bridget Sheehy (Room 1), Annemarie Horgan (Rooms 3 & 4) and Margaret Ahern (Rooms 5 & 6). In addition, basic first aid training is made available to all staff at regular intervals. There is a comprehensive First Aid Box available outside ASD 2, in the hall at the exit door to the astro-turf and in the staff-room to deal with minor injuries. The following is a list of essential supplies:- plasters, cotton bandage, tape, disinfectant, antiseptic wipes, scissors, magnifying Glass, tweezers. Disposable gloves must be worn at all times when administering First Aid as per First Aid and COVID-19 Policies. The Accountable Person (Mrs. Donna Nolan) as necessary replenishes the first aid kit in conjunction with Mrs. Horgan (Safety Rep).

### Defibrillator

A defibrillator is available in the staff room and is checked regularly. Six staff members (as above) have been trained in its use. The batteries are checked annually and replaced as necessary by the Accountable Person.

### **Infectious Diseases**

It is school policy to notify all infectious diseases to parents and staff. Risk will be minimised with adherence to sound principles of cleanliness, hygiene and disinfectant. Disposable gloves are provided for use in all first aid applications, cleaning jobs etc. Staff has been provided with separate toilets with hot water and cold water, a disposal unit and soap. A separate COVID-19 Policy is in the school (see attached) and is regularly reviewed. Two Isolation Rooms are designated and any children presenting with COVID-19 symptoms are brought to one of these rooms until an adult comes to the school to collect them. Pupils do not return to school until symptom free for 48 hours. Athea National School will follow HSE and gov.ie guidance should the need arise.

### Accident Reporting and Investigation

All accidents/near misses to persons (staff/contractor/visitors), however slight, must be recorded on the appropriate accident form. The Principal will be informed within 24 hours of all accidents and where possible all other accident reporting will be completed before the end of the day on which the accident occurred.

All notification of accidents or dangerous occurrences to the enforcement authority (Health and Safety Authority) will be completed by the principal on Form IR1 or IR3 ( <u>https://www.hsa.ie/eng/</u>). Note: An IR1 must be completed if a person is away from their place of work for 3 consecutive days or more after the day of the accident.

### Accidents on the yard/in the hall/ in classrooms

The teacher who is supervising should complete the accident form, detail any actions taken and where necessary determine the underlying causes of the accident and identify the appropriate corrective action to avoid a recurrence. Where necessary the appropriate form will be forwarded Allianz, the insurance broker for the school.

### Safety Instruction and Training

In accordance with legislation the Board of Management commits to providing instruction, training and supervision to its employees in relation to health and safety at work. All employees will be: -

- Advised of the nature and location of fire equipment and instructed on how it is safely operated (this instruction to include a practical demonstration of fire extinguishers)
- Notified of any changes in safety procedures.
- Advised of the health and safety requirements as part of their induction training.

A record will be kept of all safety training.

### **Electrical Appliances**

Electrical appliances, machinery and kitchen equipment should only be used by competent persons. Arrangements will be made for all electrical appliances to be checked on an annual basis by a competent person, i.e. a maintenance person, the supplier or his agent.

Before using any appliances, the user should check that: -

- All safety guards which are a normal part of the appliance are fitted and are in working order
- Power supply cables/leads are intact and free of cuts and abrasions
- Suitable undamaged fused plug-tops are used and fitted with the correct fuse.

### Photocopiers/laminators/IWBs

Staff should be careful when using any of the above as injury may occur from moving parts and hot elements inside protective covers.

### **Chemicals, Solvents, Detergents**

Members of staff using these materials should familiarise themselves with any hazard associated with the materials and precautions to be taken in the event of spillage, splashes etc. Hand sanitisers are supervised when used. Teachers clean tables with sprays before breaks as per COVID-19 Policy. All such materials will be stored in clearly identifiable containers bearing instructions and precautions for their use. They will be kept in a locked storage area and protection for their use will be provided. Contract cleaners are employed in the school and they provide their own supplies for cleaning. These are also kept in a locked area.

Staff is not allowed to attend the premises or carry out duties while under the influence of illicit drugs or alcohol. Any staff member found breaking this rule will be liable to disciplinary procedures up to and including dismissal.

### **Consultation and Information**

It is the policy of the Board of Management of Athea N.S.to consult with staff in preparation and completion of hazard control forms, to give a copy of the safety statement to all present and future staff, and to convey any additional information or instructions regarding health, safety and welfare at work to all staff as it becomes available. Health, safety and welfare at work will be considered in any future staff training and development plans.

### Welfare of staff

To ensure the continued welfare of employees, a staffroom and facilities are provided. Staff should cooperate in maintaining a high standard of hygiene in these areas. Staff members using the fridges are expected to remove any perishable uneaten food at the end of each week.

A dignity in work policy is in place in the school and the Board of Management is committed to providing a work environment free from harassment of any kind. The Board will ensure that any allegations of harassment are fully investigated and will dealt with in a fair and objective manner. The Board acknowledges recent research by the ESRI that noted that stress, anxiety and depression are the second highest causes of work related illness in Ireland and are associated with the longest absence from work. Through the means of staff and peer support, Medmark and 11 Inspire (formally Carecall) staff will be supported through illness and or injury. In addition the school community will seek to develop a culture where a sense of belonging and connectedness is fostered.

### **Communication of Policy**

Hard copies of this policy will be on display in the staffroom and in the school offices. Copies of the policy will be given to all staff members and will also be available in electronic form. It will be published on the school website.

The Board of Management will undertake a review of health and safety issues annually and any changes will be communicated to staff. Information will also be disseminated using the public address system, Aladdin, the internal noticeboard in the staff room and the public address system. Parents and guardians will receive updates via school app and email.

### **Concluding Comment**

The Safety Statement has been based on conditions existing in the premises of the school at the time of writing. The Board of Management is committed to playing an active role in the implementation of this occupational safety, health and welfare policy and undertakes to review and revise it in light of changes in legislation, experience and other relevant developments.

Signed: Maríe Gleeson

(Chairperson of Board of Management)

Date: 08/12/20

#### **Location & Inventory of Fire Extinguishers**

Pre-school: Hallway directly outside door (powder). Exit route at that door. ASD Room 1: Exit door outside class (powder). Exit route at that door. Early Intervention: Same as ASD 2, in hall outside door. Exit route at that door. ASD 2: Hallway outside door (powder). Exit route via that door. Staff room: Extinguisher (carbon dioxide) and fire blanket Main entry hall : Extinguisher outside Room 1 door (powder) Room 1: Carbon dioxide , exit directly onto yard Room 2: Carbon dioxide , exit side of school Room 3: None, exit side of school Astro turf exit door: Extinguisher (powder) Room 4: Extinguisher near sink , exit main corridor Room 5: Extinguisher near sink exit main corridor Room 6: Extinguisher at exit door, exit main corridor

### Health and Safety Training

Training	Who?	How often?
Induction training	All new staff	As necessary
Manual Handling	Caretaker, SNAs (as necessary)	
Use of Fire Extinguishers	Selected staff	Every two years
Emergency Evacuation Training	All staff	Annually
First Aid Training	Selected staff	Every two years

### **Classroom Hazards**

Hazards	Risk	Risk Rating	Controls
Spilled liquid	Injury due to slip / trip/ fall	Н	Spills dealt with immediately Absorbent materials located near high risk spill areas
Slip / trip	Injury from slip, trip or fall	Н	High risk areas for slips, trips and falls are identified and dealt with
Equipment stored away	Injury from slip, trip or fall	Η	School equipment is stored tidily School bags stored tidily Pupil belongings on hooks or safely under desks Floors and access routes are kept clear Pupil belongings on hooks or safely under desks Floors and access routes are kept clear
Floor mats	Injury from slips, trips and falls	Н	Heavy mats are used as necessary Mats and rugs are properly designed/fitted Mats are recessed into flooring where possible Weighted edges are used where possible or edges are fixed in place
Wet area (floors)	Injury from slips, trips and falls	Н	All areas prone to constant wetting are identified Sinks are kept clear to avoid overflow
Cables/flexes	Injury from slips, trips and falls	Н	Electrical outlets sited to avoid trailing cables No trailing cables and flexes

Damaged flooring	Injury from slips,trips or falls	Н	Poorly maintained or damaged floors or paving identified Repairs carried out and steps taken to prevent future damage
Floor cleaning	Injury from slips, trips and falls	Н	Where wet cleaning, detergent is used and water is at the right temperature
			Excess liquid is removed to assist the floor drying process.
			As far as possible, the floor is cleaned until dry
			A system is used to keep pedestrians away from wet/ moist floors, e.g. physical barriers
			Cleaning is organised to provide dry paths through areas being cleaned
			Warning signs are used
Over used signs	Injury from slips, trips and falls	Н	Where warning signs are used these are removed when no longer required
Shoes/footwear	Injury from slips, trips and falls	н	Suitable slip resistant footwear is worn as needed Parents are reminded of the need to provide
			adequate footwear
			Children do not participate in PE without suitable footwear
Damaged furniture	Falls and related injuries	Н	Broken furniture removed from service until repaired or replaced
Liquid	Liquid spills, burns	Н	All staff members utilise covered travel mugs/ flasks
spills/burns			Students remain seated and are requested to exercise due caution when having hot drinks for lunch
			Pupils are not allowed to eat in unsupervised classrooms
Defective electrics	Electrocution Fire Burns from hot surface	Н	Defective electrical equipment shall be clearly identified, labelled as out of use, and stored

			Visual checks carried out as follows to prevent accidental use. <b>Tools/appliance</b> • On/off switch is working correctly • No signs of damage to casing • No loose parts or missing screws • Live parts are properly guarded so as not to be inadvertently accessible Cables Securely anchored to the plug with no signs of
			<ul> <li>cuts, frays, brittleness, leads kinked or coiled, taped joints, overloading (overheating indicated by colour change or smell), cable cores not externally visible</li> <li>Plug</li> <li>Securely anchored, no sign of cracked casing, overheating, loose or bent pins</li> <li>Socket outlet</li> <li>No cracks or damage or sign of overheating Report defects to caretaker and principal to ensure all items are repaired or replaced.</li> </ul>
Sharp objects	Cuts/lacerations	Н	Childrens scissors used in all classrooms. Pupils are instructed in safe use of scissors, knives, cutters and staplers. Knives, cutters and scissors checked for damaged blades or handles once per term and disposed of if damaged. Knives, cutters and scissors counted out to students and counted back in at end of class. Knives are washed in sink separately from other items of equipment and never left soaking in sink. Knives, cutters and scissors stored separately to other equipment.
Fumes from paint /glue	Respiratory irritation and problems	Н	When choosing chemical cleaners for use in the classroom the least hazardous product is purchased.

			Relevant employees are aware of the hazards and precautions that must be taken when using chemical products/materials, and have access to Safety Data Sheet (SDS) Chemical products/materials are labelled and stored safely in accordance with Safety Data Sheet (SDS) requirements
Accessing high windows	Falls	М	Window pole or step ladder used to open windows at height that do not have opening mechanism at ground level
Accessing high noticeboards.	Falls	М	

### **General Considerations**

Hazards	Risks	Risk Rating	Controls
Defective portable electrical appliances	Burns Electric shock Electrocution	Н	See 'Classroom - No. 3 Portable Electrical Appliances'
Solvents and flammable materials	Asphyxiation, Explosion, Fire	н	Solvents and flammable materials are stored in metal cabinets. See 'General School Risk Assessments - No. 12 Fire (Classroom)'
Electrical faults	Electrocution Electric shock Fire	Η	Equipment checked prior to use for faults Electrical sockets not overloaded All electrical faults reported to designated person. Defective electrical equipment shall be clearly identified, labelled as out of use and stored separately to prevent accidental use. Report defects to person in control of the workplace to ensure all items are repaired or insert 'See Classroom No. 3 Portable Electrical Appliances'

Restricted access/egress	Delays in exiting building safely in the event of a fire	Η	Fire exit doors (including those located in classroom or office) checked weekly to ensure they open properly Exit routes kept free from obstruction School emergency evacuation plan has been developed which covers all areas, processes and identifies those people who may be at special risk e.g. visually impaired or those working in noisy environments. This plan has been brought to the attention of school users on a regular basis
Fire - Access/ Egress	Death or injury	Н	All fire doors are marked with 'Fire door, keep closed' safety sign All fire doors are be fitted with an automatic selfclosing device (See Building Regulations 2006, Technical Guidance Document B, Fire Safety)
Fire	Fire causing death or injury	Н	Fire extinguisher(s) in place, suitable for the fire type and serviced annually (at least 1 x 5 kg CO2 extinguisher) All staff know how to raise the alarm and contact the emergency services. They should also receive training on how to use fire extinguishers and fire blankets
Poor lighting	Slips, trips, falls	Н	External lighting is adequate and is switched on when evening events are planned such as meetings, parent/teacher meetings, school used by clubs or societies
Broken glass	Cuts	М	Broken glass should be removed. Replacement glass will be installed in buildings at the earliest opportunity
Slippery walkways due to ice	Slips, trips, falls	Μ	Caretaker applies salt or grit in icy weather Grit or salt available for walkways which are prone to ice Pupils line up at the front of the building if the yard is dangerous
Person being	Injury	Н	Assembly points for emergency evacuations are clearly

struck by vehicle			marked and are not located in an area likely to be required by the emergency service There are no vehicles allowed in the schoolyard except for deliveries. There are controls in place around appropriate times
			for visiting vehicles deliveries and collections
Handrails/steps	Slips, trips, falls	Н	All steps have handrail on one side where necessary. All steps from the yard are railed off
Doors requiring excessive force to open or close	Person being hit by the door /hand injuries	Н	Operation of fire doors checked - See 'General School Risk Assessments - No. 12 Fire (general classrooms and offices)'
Trip hazards including mats, broken tiles, holes in floor, trailing cables	Delayed escape in event of a fire or other emergency		Delayed escape in event of a fire or other emergency

### COVID-19 hazards

The school has identified the following risks in Athea National School	Risk Level	The school has the following procedures in place to address the risks identified in this assessment
Too many pupils / parents gathering at school, in mornings, after pre-school and in the evenings	Н	<ul> <li>School is open at 09:10</li> <li>Staff to meet parents and child in the mornings</li> </ul>
Parents congregating before 09:10 in the yard	Н	Pupils and staff encouraged to walk / cycle to school
		Lower gate open for preschool to access

		back door
		Middle door open to facilitate special classes
		Bins removed to facilitate entry points
		Classes exit one by one in the evening
		Communication made to any parent who arrives early and congregates in yard
		One way system clearly marked in corridors
		Side gates for rooms 2 and 3
Cleaning of the school	н	Cleaning increased by increasing number and frequency of cleaners.
		Deep clean before return to school.
		Daily cleaning by cleaners
		Teachers / SNAs clean own work station and any equipment used (computer etc.)
Visitors to school	Н	Strictly limited unless absolutely necessary
		Front door is locked no later than 09:40
		Visitors must have pre appointment made
		<ul> <li>Contact log must be filled in by all visitors to school</li> </ul>

		1
		Designated point for meeting visitors at front door
		Parents collecting preschool children need to do so outside
		Preschool staff to meet and collect children outside
		Parents contact school by email / phone and homework journal
		4 emergency numbers to be given per child
		Pupils who visit doctor / dentist during day encouraged to stay at home
Vulnerable pupils in the school	н	Limited contact / distance learning
Movement of children from Special Classes to different bubbles	Н	Children from the Special Classes will continue to integrate with their mainstream peers in a structured class in the mainstream setting. Safety measures and risk assessment will be on going.
Protection of staff	Н	Appropriate PPE in school
		SNAs and SETs provided FFP3 masks
		Daily cleaning by cleaners increased
		Provision of extra bins
		SET teachers have curtailed movement between classes

Hand washing	н	Hot water, soap dispensers, paper
		towels, sanitising stations are situated throughout the school, especially at entrances and exits
		Routines- morning, before eating/ drinking, after the toilet, after PE, before home time
Socialising at break time	Н	Break times are staggered and only mixing within class bubbles. Areas will be split to facilitate this
		Rooms 1 and 2 : 10:45 - 10:55 and 12:00 - 12:30
		Rooms 3 and 4 : 11:00- 11:10 and 12:35- 13:05
		Rooms 5 and 6: 11:15-11:25 and 13:10-13:40
Fire alarm	М	Revision of fire drill procedure with clear markings on yard
Sick children being sent to school	Н	Communicate with parents the importance of checking for symptoms and if symptoms are present that the child does not come to school and must contact their GP
Respiratory hygiene	Н	Extra tissues and bins in the school
Sharing of I-pads	Н	<ul> <li>Hand hygiene implemented and devices</li> <li>/ covers wiped down</li> </ul>

Staffroom size	н	<ul> <li>Any staff meetings to be held remotely by Zoom or to be held in larger room. 2m distance must be maintained</li> <li>Staggered break times of staff</li> </ul>
PE equipment	н	<ul> <li>Limited sharing of equipment</li> <li>Equipment to be cleaned after lesson</li> </ul>
		Children wash hands after PE lesson
		2 sets of PE gear in school. Each set to be split between 3 classes, not to be swopped
		Purchase of extra PE equipment
> Choir / tin whistle	н	<ul> <li>Classes practice individually within their own class bubble</li> </ul>
		No sharing tin whistles
		Rooms well ventilated
≻ Toys	н	<ul> <li>Sharing of toys only between pods</li> <li>No sharing pencils etc</li> <li>No bringing toys from home</li> </ul>
		Toys to be cleaned daily

Levelled readers	Н	Books covered for sanitisation
		Books given on Monday, collected Thursday, or 2 wook basis
		Thursday or 2 week basis
		Online e readers encouraged
Isolation area	Н	2 rooms to be made available and fully
		equipped in the event of a suspected case
		Contact details sent with child
		Teachers / SNAs who stay with child to
		be named
Parents	н	Clear communication of procedures and
		protocols so everyone is familiar with
		policy and statement
Mixed books / copy piles	Н	Pupils keep books on own desk
		Baskets placed under desks for storage
		and storage boxes used
Pupils returning from holidays	Н	Pupils returning from non- green list countries are asked to isolate for 2
		weeks prior to attending school.
Pupils congregating at coats /	н	Each child has individual peg and one at
hooks		a time get coat / coats stored in school
		bags or chairs
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### Playground hazards

Hazards	Risk	Risk Rating	Controls
Slips, Trips. Falls	Injury	н	Pupils and staff informed of established school code of behaviour relevant to the playground Playground supervision roster established and implemented
Dangerous objects/substances in playground	Stick injuries/cuts/infections	н	Caretaker checks the playground for dangerous objects/substances. Use of protective gloves for removal of dangerous materials . Any glass etc. wrapped before disposal
Incident of sudden sickness/ injury in the playground	Illness, injury, trauma	Н	Access assistance from nearest staff member Bring student to office and administer appropriate first aid Inform principal and decide on appropriate further action or medical referral. Complete accident report form for school records
Collection of Students	Access to students by inappropriate person, injury, trauma	Н	Policy in place that requires all visitors to report to reception. Parents wait at reception until their child comes to them. Parents/ guardians inform the school if someone other than designated person is to collect student. Principal/Deputy Principal informed in advance if there are any visitors to the schools, e.g. guest speakers,/Psychologist or other therapists.
Aggressive or	Injury	м	Access assistance from nearest staff member on

violent behaviour in the playground			duty Send a responsible student to the staff-room to get further assistance Inform the principal Follow established procedures in school's Code of Behaviour
<ul> <li>Students who present with special educational needs and/or disabilities (hearing or visual impairment)</li> <li>Students who may have limited working knowledge /fluency in English</li> </ul>	Injury or falls	Μ	<ul> <li>Have the suitability of the task risk assessed (e.g. mobility teacher or visiting teacher)</li> <li>Ensure students understand teacher's instruction</li> <li>Ensure access/egress is not restricted</li> <li>Place signage in appropriate locations as directed by teacher .</li> </ul>

### Bullying

Hazards	Risks	Risk Rating	Controls
Workplace bullying	Effects on physical health, (e.g. raised blood pressure) Effects on mental health, (e.g. stress, anxiety, depression) Isolation Low morale	н	The school is committed to ensuring that the place of work is free from bullying and that all employees have the right to be treated with dignity and respect at work There is a written policy on the prevention of workplace bullying and all employees are aware of the policy and have access to this information Employees are aware of their responsibility in creating and contributing to the maintenance of a work environment free from bullying or from conduct likely to contribute to bullying. Allegations of workplace bullying are investigated fairly and thoroughly without reprisals for the complainant. Allegations of bullying are treated with fairness,

			sensitivity and respecting the need for confidentiality for parties concerned. Bullying at work by others such as parents or contractors, will not be tolerated and action will be taken to support the employee. A complaint of bullying which is found, following investigation, to be vexatious will be dealt with through the disciplinary procedure. Update and review the Dignity in work policy on an annual basis.
Student bullying	Damage to physical and mental health	Μ	Update and review the school's anti- bullying policy on an annual basis. Employees are aware of their responsibility in creating and contributing to the maintenance of a work environment free from bullying or from conduct likely to contribute to bullying. Allegations of bullying are investigated fairly and thoroughly without reprisals for the complainant. A copy of the anti bullying policy is available to view on the school website.

### Staff Considerations

### Pregnant/Post natal or breastfeeding staff

Hazards	Risks	Risk Rating	Controls
Contact with chemical agents	Harm to unborn baby or breastfeeding mother	Н	Pregnant, post-natal, or breastfeeding women are not exposed to chemical substances labelled: R40, R45, R61, R63 and R64, particularly where exposure levels are above a level which might cause harm
Contact with biological agents	Infection	Н	If there is a risk of exposure to a highly infectious agent, pregnant, post-natal or breastfeeding women must avoid exposure

Long periods standing, movement or postures which are abrupt or severe or give rise to excessive fatigue	Varicose veins Fatigue (mental and physical)	Н	Pregnant, post-natal or breastfeeding women should have provision to sit whilst completing work activities
Pushing/pulling/ carrying heavy or awkward items	Strain or injury	Н	Pregnant, post-natal and breastfeeding women are not required to lift, push or pull awkward or heavy items.

### **COVID-19 Risk Assessment**

The school has identified the following risks in Athea National School	The school has the following procedures in place to address the risks identified in this assessment
<ul> <li>Too many pupils / parents gathering at school, in mornings, after pre-school and in the evenings</li> <li>Parents congregating before 09:10 in the yard</li> </ul>	<ul> <li>School is open at 09:10</li> <li>Staff to meet parents and child in the mornings</li> <li>Pupils and staff encouraged to walk / cycle to school</li> <li>Lower gate open for preschool to access back door</li> <li>Middle door open to facilitate special classes</li> <li>Bins removed to facilitate entry points</li> </ul>

	Classes exit one by one in the evening
	Communication made to any parent who arrives early and congregates in yard
	One way system clearly marked in corridors
	Side gates for rooms 2 and 3
<ul><li>Cleaning of the school</li></ul>	<ul> <li>Cleaning increased by increasing number and frequency of cleaners.</li> </ul>
	Deep clean before return to school.
	Daily cleaning by cleaners
	Teachers / SNAs clean own work station and any equipment used (computer etc.)
Visitors to school	Strictly limited unless absolutely necessary
	Front door is locked no later than 09:40
	Visitors must have pre appointment made
	Contact log must be filled in by all visitors to school
	Designated point for meeting visitors at front door
	Parents collecting preschool children need to do so outside
	Preschool staff to meet and collect

	children outside
	Parents contact school by email / phone and homework journal
	4 emergency numbers to be given per child
	Pupils who visit doctor / dentist during day encouraged to stay at home
Vulnerable pupils in the school	Limited contact / distance learning
Movement of children from Special Classes to different bubbles	Children from the Special Classes will continue to integrate with their mainstream peers in a structured class in the mainstream setting. Safety measures and risk assessment will be on going.
Protection of staff	Appropriate PPE in school
	Daily cleaning by cleaners increased
	Provision of extra bins
	SET teachers have curtailed movement between classes
Hand washing	Hot water, soap dispensers, paper
	<ul> <li>towels, sanitising stations are situated throughout the school, especially at entrances and exits</li> </ul>
	<ul> <li>Routines- morning, before eating/ drinking, after the toilet, after PE, before home time</li> </ul>

Socialising at break time	<ul> <li>Break times are staggered and only mixing within class bubbles. Areas will be split to facilitate this</li> <li>Rooms 1 and 2 : 10:45 - 10:55 and 12:00 - 12:30</li> </ul>
	<ul> <li>Rooms 3 and 4 : 11:00- 11:10 and 12:35- 13:05</li> <li>Rooms 5 and 6: 11:15-11:25 and 13:10-13:40</li> </ul>
➢ Fire alarm	Revision of fire drill procedure with clear markings on yard
Sick children being sent to school	Communicate with parents the importance of checking for symptoms and if symptoms are present that the child does not come to school and must contact their GP
Respiratory hygiene	Extra tissues and bins in the school
Sharing of I-pads	Hand hygiene implemented and devices / covers wiped down
Staffroom size	<ul> <li>Any staff meetings to be held remotely by Zoom or to be held in larger room. 2m distance must be maintained</li> <li>Staggered break times of staff</li> </ul>

PE equipment	Limited sharing of equipment
	Equipment to be cleaned after lesson
	Children wash hands after PE lesson
	2 sets of PE gear in school. Each set to be
	split between 3 classes, not to be swopped
	Purchase of extra PE equipment
Choir / tin whistle	Classes practice individually within their
	own class bubble
	No sharing tin whistles
	Rooms well ventilated
➢ Toys	Sharing of toys only between pods
	No sharing pencils etc
	No bringing toys from home
	Toys to be cleaned daily
Levelled readers	Books covered for sanitisation
	Books given on Monday, collected Thursday or 2 week basis
	Online e readers encouraged
Isolation area	2 rooms to be made available and fully equipped in the event of a suspected
	equipped in the event of a suspected

	case
	<ul> <li>Contact details sent with child</li> <li>Teachers / SNAs who stay with child to be named</li> </ul>
> Parents	Clear communication of procedures and protocols so everyone is familiar with policy and statement
Mixed books / copy piles	<ul> <li>Pupils keep books on own desk</li> <li>Baskets placed under desks for storage and storage boxes used</li> </ul>
Pupils returning from holidays	Pupils returning from non- green list countries are asked to isolate for 2 weeks prior to attending school.
Pupils congregating at coats / hooks	Each child has individual peg and one at a time get coat / coats stored in school bags or chairs

### Athea National School Hazard and Risk Assessment Annual H&S Audit template

Spilled liquid	Storage of flammables	Crushed fingers
Slip/Trip	Poor lighting	Radon levels
Equipment stored	Broken glass	Mould
Floor mats	Ice	Asbestos
Stairs and steps	Traffic management	Legionnaires disease
Cables and flexes	Handrails	Overcrowding
Damaged flooring	Door handles	Fire fighting equipment
Floor cleaning	Door closing mechanisms	Planning of school excursions
Warning signs	Visitors on premises	Supervision of school excursions
Damaged furniture	Collection of students	Outdoor activities & sports
Liquid spills & burns	Workstations	Off-campus visits
Defective electrics	Break times	Staff sanitation facilities
Sharp objects	Workplace bullying	Hazardous substances
Fumes	Pupil bullying	Ladders/step-ladders
High windows	Stress	Hot/scalding water
Objects in playground	Threatening behaviour	Ventilation
Incidents of injury	Moving furniture	Personal protective equipment( gloves etc)
Aggressive behaviours	Manual handling	Outside contractors
Access: disabilities	Pupil: Teacher ratio	Heating plant
Access: EAL	Working in isolation	Unsafe systems of work
Challenging behaviours	Emergency procedures	Gardening
Trained first aiders	Responding to alarms	Vermin
Chronic or temp. illness	High noise level	Substance use
Fire safety	Poor housekeeping	Critical incidents
Access/egress routes	Child protection	Code of Discipline

#### Other concerns:

- Staff and Board members should retain a copy of this document.
- Please sign and return the document to the Principal, indicating relevant section, should you have Health and Safety concerns. Please include a brief written summary of the concern.
- The Principal, acting as the H&S rep on behalf of the BoM, will investigate all concerns and will report to the Board.
- Staff may address H&S concerns directly to the Board if they wish: Mrs Margaret Watters, Health and Safety Officer, Athea National School, Co. Limerick
- Health and Safety issues are usually raised at staff meetings should somebody have a concern.
- A copy of the Health and Safety Authority *Guidelines on Managing Safety, Health and Welfare in Primary Schools* is available online at <u>www.hsa.ie</u>.
- Workplace accidents/incidents must be reported to the Principal and must be recorded in the BoM file. Where appropriate, the HSA is informed.
- The BoM Health and Safety Policy is reviewed annually. Hard copies are available in the staff room and a copy is available on Aladdin.
- Other BoM policies related to H&S are similarly available; code of discipline, antibullying policy, dignity at work policy... etc.
- The health and safety of pupils, employees and visitors at Athea National School is everyone's responsibility and is everyone's duty of care while on the premises and while off the premises on school business. Everyone's vigilance and co-operation is appreciated.

Mrs. Margaret Watters, Principal, 2020.

### **Fire safety Equipment**

Athea National School is a single-storey building with an additional single storey extension. It has the following systems for fire detection and control:

### Detection

All buildings have ceiling mounted smoke/fire detectors fitted. They are also provided in key areas such as the Staff Room and Boiler Room. In the event that a fire is detected, the alarm will sound throughout the building. This is the signal to evacuate the school via the nearest exit route.

### Fire Call Points

Break-glass Fire Call Point units are strategically located near exit routes. Breaking the glass sounds the alarm and alerts all the building occupants. The glass will break readily using elbow, fist or any small implement. The call points are coloured red with a small glass front. Their locations are illustrated in the plans attached.

### Fire Fighting Equipment

The building is provided with portable fire extinguishers. Two types are generally provided – CO2 for electrical and other fires and water for non-electrical fires involving ordinary combustibles.

The extinguishers are located at or near the escape routes with extra extinguishers in the staff room.

All fire fighting equipment is inspected annually by the suppliers or by persons contracted to do so on their behalf. Our current supplier is Irish Fire Protection Limited. The fire alarm is inspected each year by ATA Alarms.

### <u>Procedure</u>

### DO NOT USE WATER OR FOAM ON LIVE ELECTRICAL APPARATUS

Alert other occupants and break glass in the nearest Fire Call Point.

Telephone the Fire Brigade immediately:

- Dial 999 or 112
- Give operator your telephone number and ask for Fire Services
- When the Fire Brigade replies, give call distinctly, Fire at Athea National School
- Athea NS Eircode: V94F226
- Do not hang up until the fire services have the address.

Call the Fire Brigade immediately to every fire or on suspicion of fire

### **Evacuation Plan**

### 1. <u>Rationale:</u>

This plan outlines the key aspects of our school evacuation plan. Copies are circulated to all staff members and kept in a folder in the staffroom.

### 2. <u>Responsibilities:</u>

- Principal/Deputy Principal: In the event of a fire the principal/deputy principal ensures that the school is cleared and that the Emergency Services are called if necessary.
- Post Holder: The Post Holder ensures that the evacuation plan is up to date and is circulated to all members of staff. The Post Holder gives periodic reminders at staff meetings and informs staff when the first Fire Drill of the year will be held. Another unexpected fire drill will be organised soon after. The Post Holder will ensure that new members of staff are given the evacuation plan and that copies are available and clearly labelled in the staffroom.
- Staff: In the event of a fire drill or fire, it is the responsibility of each class teacher to ensure that their class are accounted for. Each teacher is responsible for having a class list on the back of their door to be taken with them in the event of a fire drill or real fire. It is also the teacher's role to train the children early in the year how to exit the classroom and school building quickly and safely and to familiarise them with their nearest exit.
- Contractors: A copy of the school's health and safety plan will be given to any contractors working in the school.
- 3. Training for Staff:
  - Staff are given reminders at the start of the school year to check their evacuation plan and to familiarise themselves with their nearest exit. New teachers are provided with a copy of the school evacuation plan and fire drill procedures are explained to them. All teachers are reminded that they must check the toilets before they leave the building.
- 4. Training for pupils:
  - Through regular fire drills the children receive annual training in evacuating the building. The children are trained to:
    - Leave all possessions behind.
    - Swiftly and quietly exit the classroom and to proceed to their nearest exit.
    - > Join the nearest line if they are in the toilets or on a message when the fire alarm goes off.
    - Children who are attending Support when the fire alarm goes off will be escorted to their class by the Support teacher.
- 5. <u>Evacuation procedures:</u>
  - Upon hearing the fire alarm children and staff quietly exit the building through their nearest exit.
  - The class teacher is last to leave the classroom and closes the door. The teacher brings her/his mobile phone and class list with her/him.
  - Children and staff move to their designated assembly points where they quietly line up.
  - A roll call is carried out to determine all children are present.
  - Nobody is to leave the Assembly point until the ALL CLEAR is given.

### 6. Assembly Points:

- Children line up at their class line in the yard.
- All assembly points are at the front of the school.

### 7. Fire Drill Procedures:

- Alarm Code: 2345
- Roll: Teachers bring class list and phone for access to Aladdin.
- Calling Emergency Services: The Principal or Deputy Principal or member of staff who comes upon a fire raises the alarm at a Glass Break point
- Gate Keys for yard gates: With Deputy Principal Ms. Mulvihill.
- Information relating to alarm zones is Staff Room.
- 8. Signage:
  - Clear Emergency signage is present over all the Emergency exits.

### Appendix 7 Staff Training Record

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Training Course:

Date of Course:

**Course Provider:** 

Signatures of attendees	Names of attendees

## **Emergency Phone Numbers**

Emergency Services	999 or 112	
Garda Station Athea	068 42102	
Garda Station Abbeyfeale	068 30010	
Garda Station Newcastlewest	069 20650	
University Hospital Limerick (Dooradoyle) Dept. of Emergency Medicine		
Emergency Department General Enquiries	061-482343	
Tralee General Hospital	(066) 7184000	
ΙΝΤΟ	(01) 804 7700	
CPSMA	(01) 6292462	
Priest Fr. Duggan	068 42116	
Educational Welfare Officer	021-2428611	
DES	(090) 648 3600	
National Educational Psychological Services	01 8892700	
Inspire Wellbeing (Formally Carecall)	028 90328474	
HSE	061 482600	